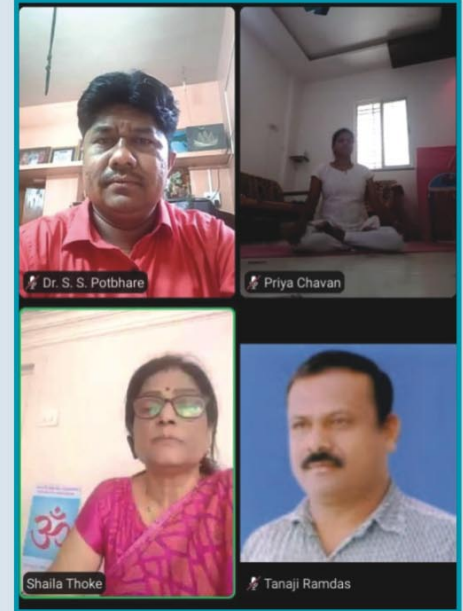


Fit India Mission : **FIT**
Body Fit - Mind Hit
INDIA

Yoga and Meditation Programmes



Fit India Rally



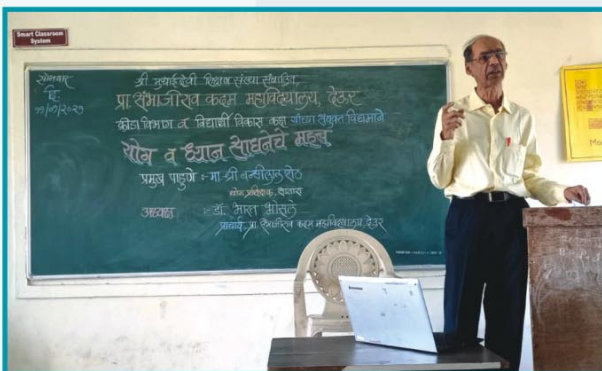
Online lecture on Importance of Yoga & Mediation in Corona Pandemic by Smt. Shailaja Thoke



Delivered a lecture on One Day Yoga Training Yog Guru Mr.Bansilal Sheth



International Yoga Day



Lecture on Importance of Yoga & Meditation by Yog Guru Mr.Bansilal Sheth



Online Yoga Training on International Yoga Day by Mrs. Swati Bhujbal